



SACRED

Social Action For Child Rehabilitation Emancipation and Development

సోషల్ యాక్షన్ ఫర్ చైల్డ్ రిహాబిలిటేషన్ ఇమాన్సిపేషన్ అండ్ డెవలప్ మెంట్

A Case Study of RANGA SWAMY, THUGGALI MANDAL

Rangaswamy aged 18 Months is born to Obulappa and Padmavathi who hail from a very poor community. He is the second child to his parents while his sister is a normal child. Parents who noticed that there were no movements in any of the limbs got scared and approached doctors at Kurnool. The doctors had advised parents that problem in brain resulted in the disability of their son. The use of tonics and medicines didn't give any results. Parents had lost hopes and dropped their efforts.

During Intervention

Sacred had seen the boy in May 2007 and suggested a few exercises. At the beginning there was no positive response from parents as they had no faith in any efforts. However the staff along with the volunteer pursued the boy with lot of patience. The boy assessed the problems identified full resistance to flexion movements spasticity. No Neck control position. Advised exercises by physio Therapists from England. The status of the child is closely monitored twice a week and necessary suggestions are being given to parents to rectify errors in doing exercises. Due to regular monitoring and follow parents could see little changes that include trying to hold small articles, holding the neck for some time and movements in neck. The neighbours who observed positive changes in Rangaswamy have been motivating parents to continue doing exercises that would bring gradual changes. Parents are now happy that there is little hope and had expressed the feeling that they should have approached Sacred at the beginning itself.



Interventions for Poor Head & Neck Control Exercise Demonstrating By Therapist to parents



Neck Control Exercise practicing by Father of Mr. Rangaswamy